

**Jølster Maraton**  
**Result list**  
**04.07.2015**

**NOCLAS**

| Rank      | Name         | Team        | Start no. | Time    | Behind     |
|-----------|--------------|-------------|-----------|---------|------------|
| 1         | Vacant # 120 | NOTEAM      | 120       | 2:39:50 | 00:00      |
| Finished1 |              | Entered: 41 |           |         | Started: 1 |

**Maraton Kvinner 20-22 år**

| Rank      | Name           | Team            | Start no. | Time    | Behind     |
|-----------|----------------|-----------------|-----------|---------|------------|
| 1         | Cecilie Landro | Norna Salhus IL | 41        | 3:59:18 | 00:00      |
| Finished1 |                | Entered: 1      |           |         | Started: 1 |

**Maraton Kvinner 40-44 år**

| Rank      | Name         | Team                     | Start no. | Time    | Behind     |
|-----------|--------------|--------------------------|-----------|---------|------------|
| 1         | Therese Falk | Romerike Ultraløperklubb | 20        | 3:35:22 | 00:00      |
| Finished1 |              | Entered: 1               |           |         | Started: 1 |

**Maraton Kvinner 45-49 år**

| Rank      | Name       | Team       | Start no. | Time    | Behind     |
|-----------|------------|------------|-----------|---------|------------|
| 1         | Anne Tvedt | IL Gular   | 48        | 4:27:05 | 00:00      |
| Finished1 |            | Entered: 1 |           |         | Started: 1 |

**Maraton Kvinner 50-54 år**

| Rank      | Name        | Team       | Start no. | Time    | Behind     |
|-----------|-------------|------------|-----------|---------|------------|
| 1         | Tove Dybvad | Lom IL     | 6         | 4:52:11 | 00:00      |
| Finished1 |             | Entered: 1 |           |         | Started: 1 |

**Maraton Menn 35-39 år**

| Rank      | Name                     | Team           | Start no. | Time    | Behind     |
|-----------|--------------------------|----------------|-----------|---------|------------|
| 1         | Kim Olsen                | Fredrikstad IF | 19        | 3:04:03 | 00:00      |
| 2         | Sondre Bjotveit          | No team        | 34        | 3:18:41 | 14:38      |
| 3         | Christian Vestvik Schutz | Kondis         | 37        | 3:43:17 | 39:14      |
| 4         | Erik Skaar Døskeland     | Nakkadrag IL   | 3         | 3:47:10 | 43:07      |
| 5         | Peter Johnstone          | No team        | 2         | 3:54:03 | 50:00      |
| 6         | Tommas Flatebø           | Uggen/Harlabb  | 52        | 4:00:59 | 56:56      |
| Finished6 |                          | Entered: 6     |           |         | Started: 6 |

**Maraton Kvinner Senior**

| Rank      | Name                  | Team       | Start no. | Time    | Behind     |
|-----------|-----------------------|------------|-----------|---------|------------|
| 1         | Åse Steinsbø Støfring | Jølster IL | 44        | 4:14:55 | 00:00      |
| Finished1 |                       | Entered: 1 |           |         | Started: 1 |

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### Maraton Kvinner 60-64 år

| Rank      | Name           | Team       | Start no. | Time    | Behind     |
|-----------|----------------|------------|-----------|---------|------------|
| 1         | Turid Landsvik | BFG Bergen | 26        | 4:12:44 | 00:00      |
| Finished1 |                | Entered: 1 |           |         | Started: 1 |

### Maraton Menn Senior

| Rank      | Name               | Team                    | Start no. | Time    | Behind     |
|-----------|--------------------|-------------------------|-----------|---------|------------|
| 1         | Eigil Instebø      | Gloppen FIL             | 30        | 2:47:50 | 00:00      |
| 2         | Lars Bjørbæk       | Florø T&IF              | 42        | 3:37:32 | 49:42      |
| 3         | Trond Arild Bolset | Jølster IL              | 33        | 3:37:48 | 49:58      |
| 4         | Daniel Kitchie     | Cambridge and Coleridge | 22        | 3:44:39 | 56:49      |
| 5         | Martin Jonassen    | No team                 | 14        | 4:11:52 | 1:24:02    |
| Finished5 |                    | Entered: 5              |           |         | Started: 5 |

### Maraton Menn 40-44 år

| Rank      | Name                  | Team                     | Start no. | Time    | Behind     |
|-----------|-----------------------|--------------------------|-----------|---------|------------|
| 1         | Henning Pedersen      | Moss Skiklubb/EUS        | 27        | 2:50:51 | 00:00      |
| 2         | Svein Robert Heltne   | No team                  | 15        | 3:11:38 | 20:47      |
| 3         | Torbjørn Eid          | Melhus VGS               | 38        | 3:21:09 | 30:18      |
| 4         | Idar Haugen Rochlenge | Dale IL                  | 51        | 3:37:43 | 46:52      |
| 5         | Lasse Mikkola         | Hemsedal IL              | 35        | 3:53:35 | 1:02:44    |
| 6         | Gregor Gucwa          | Romerike Ultraløperklubb | 18        | 4:07:09 | 1:16:18    |
| Finished6 |                       | Entered: 6               |           |         | Started: 6 |

### Maraton Menn 45-49 år

| Rank      | Name                   | Team              | Start no. | Time    | Behind     |
|-----------|------------------------|-------------------|-----------|---------|------------|
| 1         | Sverre Gunnar Brunstad | Lørenskog FIL     | 31        | 2:42:52 | 00:00      |
| 2         | Helge Hafsås           | Olden IL          | 46        | 2:45:26 | 02:34      |
| 3         | Ove Wolff              | Hyllestad IL      | 21        | 3:04:41 | 21:49      |
| 4         | Terje Lyngstad         | Jølster IL        | 40        | 3:09:58 | 27:06      |
| 5         | Torbjørn Os            | Tambarskjelvar IL | 23        | 3:27:04 | 44:12      |
| Finished5 |                        | Entered: 5        |           |         | Started: 5 |

### Maraton Menn 50-54 år

| Rank | Name           | Team                 | Start no. | Time    | Behind  |
|------|----------------|----------------------|-----------|---------|---------|
| 1    | Hals Olav Nybø | Bergen Løpeklubb     | 49        | 3:02:20 | 00:00   |
| 2    | Morten Vestvik | Spirit Friidrett     | 8         | 3:19:05 | 16:45   |
| 3    | Åge Høines     | Ask Friidrett        | 36        | 3:22:20 | 20:00   |
| 4    | Bjørn Fretland | IL Jotun             | 45        | 3:29:01 | 26:41   |
| 5    | Frode Storvik  | Bergen Triatlonklubb | 50        | 3:40:53 | 38:33   |
| 6    | Torleiv Haus   | Bryne FIK            | 47        | 3:56:00 | 53:40   |
| 7    | Børge Erdal    | Uteseksjonen United  | 17        | 4:20:50 | 1:18:30 |
| 8    | Sverre Solhaug | IL Fri               | 4         | 4:27:17 | 1:24:57 |

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Finished8

Entered: 8

Started: 8

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### Maraton Menn 55-59 år

| Rank | Name                   | Team                      | Start no. | Time    | Behind  |
|------|------------------------|---------------------------|-----------|---------|---------|
| 1    | Per Gunnar Alfheim     | Varegg / PG`s Treningslab | 29        | 3:22:41 | 00:00   |
| 2    | Geir Arve Råheim       | Ålesund Tennisklubb       | 12        | 3:30:19 | 07:38   |
| 3    | Svein-Rune Johannessen | Kondis                    | 10        | 3:34:21 | 11:40   |
| 4    | Ivar Braut             | No team                   | 11        | 3:47:20 | 24:39   |
| 5    | Svein Rasmussen        | Hovding                   | 43        | 4:06:46 | 44:05   |
| 6    | Alf Gaupås             | No team                   | 25        | 4:22:53 | 1:00:12 |

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Finished6 Entered: 6 Started: 6

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### Maraton Menn 60-64 år

| Rank | Name          | Team                     | Start no. | Time    | Behind  |
|------|---------------|--------------------------|-----------|---------|---------|
| 1    | Bjørn Gjerde  | IL i BUL                 | 28        | 3:36:30 | 00:00   |
| 2    | John Langberg | South Australian Road RC | 24        | 5:30:57 | 1:54:27 |

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Finished2 Entered: 2 Started: 2

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### Maraton Menn 70-74 år

| Rank | Name                 | Team             | Start no. | Time    | Behind  |
|------|----------------------|------------------|-----------|---------|---------|
| 1    | Victor Ronald Larsen | Stahl Heiser BIL | 16        | 3:58:11 | 00:00   |
| 2    | Sverre Mostue        | Flinkjoggen      | 39        | 4:08:35 | 10:24   |
| 3    | Arne Rognebakke      | Statoil/Bergen   | 32        | 5:28:19 | 1:30:08 |

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Finished3 Entered: 3 Started: 3

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### Maraton Menn 65-69 år

| Rank | Name             | Team                   | Start no. | Time    | Behind |
|------|------------------|------------------------|-----------|---------|--------|
| 1    | Georg Vikshåland | Hydro Aluminium Karmøy | 9         | 4:28:17 | 00:00  |

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Finished1 Entered: 1 Started: 1

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### Halvmaraton Kvinner 18-19 år

| Rank | Name                 | Team    | Start no. | Time    | Behind  |
|------|----------------------|---------|-----------|---------|---------|
| 1    | Marte Mandelid       | No team | 177       | 1:42:23 | 00:00   |
| 2    | Ingrid Kvåle Faleide | Loen IL | 168       | 2:02:21 | 19:58   |
| 3    | Isa Saksvoll         | No team | 176       | 2:56:47 | 1:14:24 |

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Finished3 Entered: 3 Started: 3

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### Halvmaraton Kvinner 20-22 år

| Rank | Name                   | Team               | Start no. | Time    | Behind |
|------|------------------------|--------------------|-----------|---------|--------|
| 1    | Beate Kårstad Støfring | No team            | 171       | 1:46:33 | 00:00  |
| 2    | Anna Catharina Mølster | Joggegruppen Florø | 189       | 2:00:19 | 13:46  |
| DNF  | Sara Fauske Lunde      | No team            | 115       |         |        |

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Finished2

Entered: 3

Started: 3

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### Halvmaraton Kvinner Senior

| Rank | Name                    | Team         | Start no. | Time    | Behind  |
|------|-------------------------|--------------|-----------|---------|---------|
| 1    | Annika Holland          | Hyllestad IL | 128       | 1:33:46 | 00:00   |
| 2    | Vilde Eriksen Høgelid   | Gaular IL    | 207       | 1:46:26 | 12:40   |
| 3    | Kristin Naumann         | No team      | 118       | 1:51:53 | 18:07   |
| 4    | Trine Audsdotter        | Skogsvåg IL  | 205       | 1:56:40 | 22:54   |
| 5    | Nora Westgaard Jacobsen | No team      | 116       | 1:58:08 | 24:22   |
| 6    | Jorun Tennebø           | Team Tennebø | 166       | 2:01:18 | 27:32   |
| 7    | Hilde Ørstavik Torvund  | No team      | 105       | 2:03:32 | 29:46   |
| 8    | Tone Stueland Gallefoss | No team      | 121       | 2:06:24 | 32:38   |
| 9    | Malene Hovde Strønstad  | No team      | 123       | 2:13:43 | 39:57   |
| 10   | Trude Hauge             | No team      | 180       | 2:21:46 | 48:00   |
| 11   | Olin Steinsvik          | Jølster IL   | 101       | 2:40:25 | 1:06:39 |
| DNF  | Alice Nikkinen          | No team      | 106       |         |         |
| DNF  | Stine Mari Taule        | Kyrkjebø IL  | 195       |         |         |

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Finished11

Entered: 13

Started: 13

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### Halvmaraton Kvinner 35-39 år

| Rank | Name                   | Team                       | Start no. | Time    | Behind |
|------|------------------------|----------------------------|-----------|---------|--------|
| 1    | Nina Westgaard         | No team                    | 113       | 1:42:06 | 00:00  |
| 2    | Randi Hernes Tvilde    | Voss IL                    | 154       | 1:42:59 | 00:53  |
| 3    | Anette Hagen Gallefoss | No team                    | 133       | 1:45:15 | 03:09  |
| 4    | Svanhild Tennebø       | Team Tennebø               | 170       | 2:00:19 | 18:13  |
| DNF  | Ann Kristin Mosbron    | Spirit Stavanger Friidrett | 144       |         |        |

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Finished4

Entered: 5

Started: 5

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### Halvmaraton Kvinner 40-44 år

| Rank | Name              | Team              | Start no. | Time    | Behind |
|------|-------------------|-------------------|-----------|---------|--------|
| 1    | Marit Stuhaug     | Tambarskjelvar IL | 174       | 1:35:28 | 00:00  |
| 2    | Randi Førde       | No team           | 165       | 1:56:33 | 21:05  |
| 3    | Arevalillo Jratve | Spania            | 222       | 1:58:25 | 22:57  |
| 4    | Karianne Bergheim | Sogndal IL        | 206       | 2:03:40 | 28:12  |

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Finished4

Entered: 4

Started: 4

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### Halvmaraton Kvinner 45-49 år

| Rank | Name                      | Team         | Start no. | Time    | Behind |
|------|---------------------------|--------------|-----------|---------|--------|
| 1    | Anne-Kristin Sollid       | No team      | 209       | 1:46:13 | 00:00  |
| 2    | Elisabeth Nes             | Heggedal IL  | 183       | 1:51:03 | 04:50  |
| 3    | Malin Bergset             | Styrkeprøven | 130       | 2:08:13 | 22:00  |
| 4    | Lise Monsen               | Florø        | 186       | 2:11:54 | 25:41  |
| 5    | Hildegun Kårstad Støfring | No team      | 172       | 2:16:21 | 30:08  |
| 6    | Jorunn Skrede Klakegg     | Jølster IL   | 102       | 2:43:43 | 57:30  |

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Finished6

Entered: 6

Started: 6

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### Halvmaraton Kvinner 50-54 år

| Rank | Name                 | Team               | Start no. | Time    | Behind |
|------|----------------------|--------------------|-----------|---------|--------|
| 1    | Ann-Jeanette Mølster | Joggegruppen Florø | 188       | 2:15:05 | 00:00  |
| 2    | Torhild Ulvesæter    | Difi BIL           | 137       | 2:20:42 | 05:37  |
| 3    | Cara Riddel          | Westfall Mustangs  | 169       | 2:50:05 | 35:00  |

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Finished3

Entered: 3

Started: 3

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### Halvmaraton Menn Senior

| Rank | Name                      | Team                | Start no. | Time    | Behind  |
|------|---------------------------|---------------------|-----------|---------|---------|
| 1    | Tomas Windheim            | IL Gular            | 192       | 1:15:09 | 00:00   |
| 2    | Anders Staude             | IL Gular            | 201       | 1:17:31 | 02:22   |
| 3    | Frank Tore Tveit          | Jølster IL          | 158       | 1:25:29 | 10:20   |
| 4    | Sindre Torp               | Norhern Runners     | 125       | 1:26:16 | 11:07   |
| 5    | Lars-Erik Notevarp Bjørge | Beinhinnjeknuserane | 212       | 1:32:30 | 17:21   |
| 6    | Andrè Kjelsnes            | Sunde               | 199       | 1:32:39 | 17:30   |
| 7    | Tomas Kolmodin            | No team             | 119       | 1:33:11 | 18:02   |
| 8    | Ola Anton Grytten         | Beinhinnjeknuserane | 219       | 1:46:06 | 30:57   |
| 9    | Andreas Macsik            | No team             | 112       | 1:48:46 | 33:37   |
| 10   | Jonny Holsen              | Sunde               | 191       | 1:49:19 | 34:10   |
| 11   | Joachim Storvik           | No team             | 156       | 1:50:11 | 35:02   |
| 12   | Jan Harald Langeland      | Beinhinnjeknuserane | 184       | 1:55:25 | 40:16   |
| 13   | Kjetil Sunde              | No team             | 216       | 2:11:46 | 56:37   |
| 14   | Bjarte Mehus Sunde        | No team             | 220       | 2:25:09 | 1:10:00 |

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Finished14

Entered: 14

Started: 14

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### Halvmaraton Menn 35-39 år

| Rank | Name                    | Team                      | Start no. | Time    | Behind |
|------|-------------------------|---------------------------|-----------|---------|--------|
| 1    | Thomas Kristiansen Grøn | Førde IL                  | 211       | 1:22:30 | 00:00  |
| 2    | Lars Røttingen          | IL Gular                  | 197       | 1:22:33 | 00:03  |
| 3    | Bjørn Oksavik           | Kondis                    | 217       | 1:27:35 | 05:05  |
| 4    | Thomas Sekkingstad      | Norwich City Fotball Club | 208       | 1:50:13 | 27:43  |
| 5    | Vidar Grov              | Florø/HSI                 | 185       | 1:50:32 | 28:02  |
| 6    | Håkon Søreide           | No team                   | 104       | 2:00:12 | 37:42  |
| 7    | Fredrik Hansen          | No team                   | 117       | 2:02:35 | 40:05  |

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Finished7

Entered: 7

Started: 7

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### Halvmaraton kvinner 60-64 år

| Rank | Name                  | Team                      | Start no. | Time    | Behind |
|------|-----------------------|---------------------------|-----------|---------|--------|
| 1    | Torunn Anita Kjerstad | No team                   | 126       | 1:53:23 | 00:00  |
| 2    | Mary Hatton           | Trail Running Association | 136       | 2:19:30 | 26:07  |

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Finished2

Entered: 2

Started: 2

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### Halvmaraton Menn 40-44 år

| Rank       | Name                          | Team        | Start no. | Time    | Behind      |
|------------|-------------------------------|-------------|-----------|---------|-------------|
| 1          | Vicente Jakobo Asensio Garcia | No team     | 134       | 1:19:26 | 00:00       |
| 2          | Jens Andreas Melheim          | Vik IL      | 124       | 1:19:32 | 00:06       |
| 3          | Pål Rørvik                    | Sogndal IL  | 111       | 1:27:29 | 08:03       |
| 4          | Bernt Bergheim                | Sogndal IL  | 139       | 1:35:14 | 15:48       |
| 5          | Jan Grov                      | Florø T&IF  | 178       | 1:35:33 | 16:07       |
| 6          | Frank Nyheim                  | Sogndal IL  | 131       | 1:39:51 | 20:25       |
| 7          | Marcus Vedeler                | Eid IL      | 161       | 1:40:14 | 20:48       |
| 8          | Idar Tjønneland               | GK Norge    | 152       | 1:40:31 | 21:05       |
| 9          | Øyvind Andersen               | No team     | 127       | 1:41:43 | 22:17       |
| 10         | Martinus Grov                 | No team     | 198       | 1:50:25 | 30:59       |
| 11         | Tor Egil Nedrebø              | NOTEAM      | 224       | 1:53:50 | 34:24       |
| 12         | Jo Christian Oterhals         | No team     | 114       | 1:55:36 | 36:10       |
| 13         | Tom Guldhav                   | No team     | 203       | 2:00:26 | 41:00       |
| Finished13 |                               | Entered: 13 |           |         | Started: 13 |

### Halvmaraton Menn 45-49 år

| Rank       | Name               | Team              | Start no. | Time    | Behind      |
|------------|--------------------|-------------------|-----------|---------|-------------|
| 1          | Håkon Åsvang       | Bravo Seafood     | 218       | 1:34:44 | 00:00       |
| 2          | Bjørn Bungum       | No team           | 215       | 1:43:59 | 09:15       |
| 3          | Bjørn Helland      | Blindheim IL      | 190       | 1:44:28 | 09:44       |
| 4          | Harald Løbersli    | Follesø Mannskor  | 143       | 1:45:32 | 10:48       |
| 5          | Arne Høgelid       | Gaular IL         | 179       | 1:51:29 | 16:45       |
| 6          | Widar Benes        | No team           | 145       | 1:55:11 | 20:27       |
| 7          | Hans Magnar Hansen | Holsen            | 213       | 1:55:53 | 21:09       |
| 8          | Claus Guttesen     | BBIL              | 141       | 1:56:17 | 21:33       |
| 9          | Amarika Maratin    | Spania            | 221       | 1:58:25 | 23:41       |
| 10         | Ståle Kvammen      | Vulken BIL        | 163       | 2:13:27 | 38:43       |
| 11         | Olav Mølster       | No team           | 187       | 2:16:06 | 41:22       |
| DNF        | Harald Mo          | Sauradnkameratadn | 214       |         |             |
| Finished11 |                    | Entered: 12       |           |         | Started: 12 |

### Halvmaraton Menn 50-54 år

| Rank      | Name                  | Team          | Start no. | Time    | Behind     |
|-----------|-----------------------|---------------|-----------|---------|------------|
| 1         | Carl Petter Martinsen | BFG Bergen    | 132       | 1:28:07 | 00:00      |
| 2         | Odin Lavik            | Aston Villa   | 160       | 1:34:47 | 06:40      |
| 3         | Dagmund Fauske        | No team       | 148       | 1:39:50 | 11:43      |
| 4         | Thomas Andersson      | Gursken IL    | 155       | 1:41:24 | 13:17      |
| 5         | Ståle Daae            | Bjørn West IL | 157       | 1:46:32 | 18:25      |
| 6         | Åsmund Holsen         | Vulken BIL    | 153       | 2:01:45 | 33:38      |
| 7         | Vidar Strønstad       | No team       | 107       | 2:13:44 | 45:37      |
| Finished7 |                       | Entered: 7    |           |         | Started: 7 |

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### Halvmaraton Menn 55-59 år

| Rank      | Name                | Team          | Start no.  | Time    | Behind |
|-----------|---------------------|---------------|------------|---------|--------|
| 1         | Dag Haugland        | IL Varegg     | 223        | 1:20:27 | 00:00  |
| 2         | Ole-Asbjørn Sandnes | No team       | 193        | 1:30:48 | 10:21  |
| 3         | Brent Landsem       | Strindheim    | 196        | 1:34:56 | 14:29  |
| 4         | Egil Arne Standal   | Volda Løpelag | 138        | 1:39:18 | 18:51  |
| 5         | Einar Strand        | Olden IL      | 149        | 1:42:44 | 22:17  |
| 6         | Bjørn Sellereite    | No team       | 140        | 2:12:07 | 51:40  |
| 7         | Ralph Staaman       | No team       | 109        | 2:12:49 | 52:22  |
| Finished7 |                     | Entered: 7    | Started: 7 |         |        |

### Halvmaraton Menn 60-64 år

| Rank      | Name           | Team        | Start no.  | Time    | Behind |
|-----------|----------------|-------------|------------|---------|--------|
| 1         | Jan Rømmen     | IL Syril    | 135        | 1:48:56 | 00:00  |
| 2         | Egil Jacobsen  | Vulken BIL  | 162        | 1:50:49 | 01:53  |
| 3         | Harald Forland | Askøy O-lag | 204        | 1:58:16 | 09:20  |
| Finished3 |                | Entered: 3  | Started: 3 |         |        |

### Halvmaraton Menn 65-69 år

| Rank      | Name                    | Team         | Start no.  | Time    | Behind |
|-----------|-------------------------|--------------|------------|---------|--------|
| 1         | Oddvar Fauske           | No team      | 210        | 1:35:51 | 00:00  |
| 2         | Rolf Tennebø            | Team Tennebø | 167        | 1:50:59 | 15:08  |
| 3         | Kjell M. Fagerlund      | Hasundgot IL | 147        | 1:58:21 | 22:30  |
| 4         | Per Skaar               | Viking       | 129        | 2:07:41 | 31:50  |
| 5         | Arild Andreassen        | Bamle        | 164        | 2:11:45 | 35:54  |
| 6         | Stein Tore Holsen Viken | No team      | 110        | 2:13:40 | 37:49  |
| 7         | Per Maurset             | Markane IL   | 181        | 2:28:04 | 52:13  |
| DNF       | Gunnar Nordhus          | AKS 77       | 108        |         |        |
| Finished7 |                         | Entered: 9   | Started: 8 |         |        |

### Halvmaraton Menn 80 +

| Rank      | Name          | Team        | Start no.  | Time    | Behind |
|-----------|---------------|-------------|------------|---------|--------|
| 1         | Per Gundersen | Ålesund FIK | 150        | 2:05:46 | 00:00  |
| Finished1 |               | Entered: 1  | Started: 1 |         |        |

### Halvmaraton Menn 70-74 år

| Rank | Name               | Team           | Start no. | Time    | Behind |
|------|--------------------|----------------|-----------|---------|--------|
| 1    | Gunnvald Gundersen | Klypetussen IF | 159       | 1:56:50 | 00:00  |
| 2    | Tore Mundal        | Lom IL         | 202       | 1:59:37 | 02:47  |
| 3    | Aksel Løwenholm    | Hovding        | 146       | 2:12:51 | 16:01  |
| 4    | Jan Lillemoen      | Hovding        | 173       | 2:23:22 | 26:32  |
| 5    | Steinar Øen        | Tertnes IL     | 151       | 2:32:36 | 35:46  |
| 6    | Erik Brandtzæg     | Birkebeineren  | 200       | 2:51:35 | 54:45  |

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Finished6

Entered: 6

Started: 6

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### 5 km Gutar 12-13 år

| Rank | Name                             | Team              | Start no. | Time  | Behind |
|------|----------------------------------|-------------------|-----------|-------|--------|
| 1    | Håvard Klakegg                   | Jølster IL        | 339       | 18:06 | 00:00  |
| 2    | Oliver Bosdal Thorsen            | Førde IL          | 327       | 19:00 | 00:54  |
| 3    | Vidar Standal                    | Tambarskjelvar IL | 376       | 20:34 | 02:28  |
| 4    | Isak Skogen                      | Vikane IL         | 366       | 20:38 | 02:32  |
| 5    | Jon Kristoffer Hestad Navelsaker | Jølster IL        | 333       | 21:51 | 03:45  |
| 6    | Erik Skogen                      | Vikane IL         | 365       | 22:39 | 04:33  |
| 7    | August Årdal Øvrebø              | Jølster IL        | 384       | 22:40 | 04:34  |
| 8    | Jakob Slåtten                    | Jølster IL        | 341       | 22:42 | 04:36  |
| 9    | Håvard Årøen Taklo               | Jølster IL        | 250       | 22:48 | 04:42  |
| 10   | Håkon Hammer Bergh               | Vikane IL         | 368       | 23:06 | 05:00  |
| 11   | Sondre Aarreberg                 | Vikane IL         | 367       | 23:09 | 05:03  |
| 12   | Fredrik Sunde                    | Jølster IL        | 324       | 23:14 | 05:08  |
| 13   | Martin Gjesdal                   | Tertnes IL        | 351       | 23:44 | 05:38  |
| 14   | Elias Hammer Bergh               | Vikane IL         | 369       | 24:05 | 05:59  |
| 15   | Olai Frøyen                      | Minde             | 249       | 24:14 | 06:08  |
| 16   | Ola Eikås Tansøy                 | Jølster IL        | 309       | 24:35 | 06:29  |
| 17   | Kristoffer Sandal                | Jølster IL        | 323       | 24:58 | 06:52  |
| 18   | Hans Oskar Berge                 | Dale IL           | 259       | 25:10 | 07:04  |
| 19   | Tage Gallefoss                   | Dale IL           | 261       | 25:18 | 07:12  |
| 20   | Isak Tveit                       | Jølster IL        | 246       | 26:10 | 08:04  |
| 21   | Sigmund Høyvik                   | Jølster IL        | 314       | 27:45 | 09:39  |
| 22   | Olai Marifjæren                  | Jølster IL        | 338       | 28:00 | 09:54  |
| 23   | Daniel Berntsen                  | ROS               | 396       | 29:07 | 11:01  |
| 24   | Ola Eskeland Grimsbø             | Jølster IL        | 378       | 32:11 | 14:05  |
| 25   | Johannes Gjerland                | Jølster IL        | 353       | 32:29 | 14:23  |
| 26   | Jarand Håheim                    | Jølster IL        | 388       | 34:07 | 16:01  |
| 27   | Samuel Nærheim                   | NOTEAM            | 251       | 38:33 | 20:27  |
| 28   | Håvard Håheim                    | Jølster IL        | 386       | 39:24 | 21:18  |

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Finished28 Entered: 28 Started: 28

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### 5 km Gutar 14-15 år

| Rank | Name                 | Team          | Start no. | Time  | Behind |
|------|----------------------|---------------|-----------|-------|--------|
| 1    | Ole Lyngbø           | Ask Friidrett | 316       | 17:28 | 00:00  |
| 2    | Johannes Kfesus      | Vikane IL     | 372       | 18:04 | 00:36  |
| 3    | Øystein Støfring     | Jølster IL    | 321       | 18:39 | 01:11  |
| 4    | Elias Slåtten        | Jølster IL    | 340       | 18:45 | 01:17  |
| 5    | Richard Loen         | Vikane IL     | 371       | 19:45 | 02:17  |
| 6    | Olav Østenstad       | Jølster IL    | 379       | 19:49 | 02:21  |
| 7    | Andreas Ytredal Akse | Hyllestad IL  | 383       | 20:06 | 02:38  |
| 8    | Sigbjørn Norddal     | Jølster IL    | 395       | 22:15 | 04:47  |
| 9    | Jens Andersen        | NOTEAM        | 256       | 24:08 | 06:40  |
| 10   | Einar Skogen         | Vikane IL     | 370       | 25:05 | 07:37  |



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|            |                    |             |             |       |       |
|------------|--------------------|-------------|-------------|-------|-------|
| 11         | Jøran Fjellkårstad | Jølster IL  | 362         | 26:07 | 08:39 |
| Finished11 |                    | Entered: 11 | Started: 11 |       |       |

### 5 km Jenter 12-13 år

| Rank      | Name                  | Team       | Start no.  | Time  | Behind |
|-----------|-----------------------|------------|------------|-------|--------|
| 1         | Ida Måren Løseth      | IL Høyang  | 343        | 24:40 | 00:00  |
| 2         | Id Sofie Østenstad    | Jølster IL | 380        | 26:21 | 01:41  |
| 3         | Astrid Mysterud       | Svendsenga | 254        | 30:03 | 05:23  |
| 4         | Nora Norunn Hellebust | Jølster IL | 248        | 30:26 | 05:46  |
| 5         | Tilde Vengen          | No team    | 387        | 34:31 | 09:51  |
| 6         | Jenny Andersen        | NOTEAM     | 257        | 34:36 | 09:56  |
| 7         | Engel Eikås Tansøy    | Jølster IL | 329        | 34:50 | 10:10  |
| 8         | Nikoline Håland       | Jølster IL | 245        | 34:52 | 10:12  |
| 9         | Ane Sofie Nærheim     | NOTEAM     | 252        | 40:58 | 16:18  |
| Finished9 |                       | Entered: 9 | Started: 9 |       |        |

### 5 km Gutar 16-17 år

| Rank      | Name                    | Team       | Start no.  | Time  | Behind |
|-----------|-------------------------|------------|------------|-------|--------|
| 1         | Vetle Uhre Hammersvik   | Førde IL   | 328        | 16:09 | 00:00  |
| 2         | Erik Johannessen Skrede | Førde IL   | 346        | 17:46 | 01:37  |
| 3         | Severin Knutson Halland | Jølster IL | 262        | 18:36 | 02:27  |
| 4         | Faris Kfesus            | Vikane IL  | 374        | 19:34 | 03:25  |
| 5         | Christer Smaadal        | Jølster IL | 398        | 21:34 | 05:25  |
| Finished5 |                         | Entered: 5 | Started: 5 |       |        |

### 5 km Jenter 14-15 år

| Rank      | Name              | Team       | Start no.  | Time  | Behind |
|-----------|-------------------|------------|------------|-------|--------|
| 1         | Lisa Måren Løseth | IL Høyang  | 342        | 20:06 | 00:00  |
| 2         | Gyrid Øygard      | Jølster IL | 347        | 20:47 | 00:41  |
| 3         | Tuva Hjelle       | Askøy      | 242        | 24:44 | 04:38  |
| 4         | Ine Myrland       | IL Jotun   | 361        | 28:32 | 08:26  |
| Finished4 |                   | Entered: 4 | Started: 4 |       |        |

### 5 km Kvinner 20-29 år

| Rank      | Name            | Team       | Start no.  | Time  | Behind |
|-----------|-----------------|------------|------------|-------|--------|
| 1         | Marita Svorstøl | Lier       | 244        | 26:53 | 00:00  |
| Finished1 |                 | Entered: 1 | Started: 1 |       |        |

### 5 km Gutar 18-19 år

| Rank      | Name             | Team        | Start no.  | Time  | Behind |
|-----------|------------------|-------------|------------|-------|--------|
| 1         | Fredrik Fredheim | Heggedal IL | 349        | 21:36 | 00:00  |
| Finished1 |                  | Entered: 1  | Started: 1 |       |        |

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### 5 km Kvinner 30-39 år

| Rank      | Name                           | Team       | Start no. | Time     | Behind |
|-----------|--------------------------------|------------|-----------|----------|--------|
| 1         | Christine Roska Revheim-Hansen | Sweco BIL  | 345       | 19:43    | 00:00  |
| Finished1 |                                | Entered: 1 |           | Started: | 1      |

### 5 km Kvinner 40-49 år

| Rank      | Name                     | Team             | Start no. | Time     | Behind |
|-----------|--------------------------|------------------|-----------|----------|--------|
| 1         | Inger Johanne Klokset    | Spirit Friidrett | 305       | 21:56    | 00:00  |
| 2         | Nina Knutson Halland     | Jølster IL       | 263       | 25:37    | 03:41  |
| 3         | Ellinor Østenstad        | Jølster IL       | 381       | 26:27    | 04:31  |
| 4         | Wenche Stavedal          | No team          | 355       | 27:00    | 05:04  |
| 5         | Simone Wiezer            | No team          | 382       | 27:27    | 05:31  |
| 6         | Gunn Marie Solheim Sunde | Jølster IL       | 325       | 27:28    | 05:32  |
| 7         | Inger Jorunn Årset       | Senterpartiet    | 264       | 28:02    | 06:06  |
| 8         | Rønnaug Sægrov Mysterud  | Svendsenga       | 255       | 30:03    | 08:07  |
| 9         | Bodil Håheim             | NOTEAM           | 253       | 41:05    | 19:09  |
| Finished9 |                          | Entered: 9       |           | Started: | 9      |

### 5 km Jenter 16-17 år

| Rank      | Name                     | Team              | Start no. | Time     | Behind |
|-----------|--------------------------|-------------------|-----------|----------|--------|
| 1         | Inga Kårstad Skaar       | Førde IL          | 352       | 18:10    | 00:00  |
| 2         | Helene Steinsbø Støfring | Jølster IL        | 364       | 24:18    | 06:08  |
| 3         | Marylin Lesto Lykkebø    | Jølster IL        | 350       | 25:12    | 07:02  |
| 4         | Kristen Elizabeth Treece | Westfall Mustangs | 336       | 32:18    | 14:08  |
| 5         | Rikke Fjellkårstad       | Jølster IL        | 363       | 36:24    | 18:14  |
| Finished5 |                          | Entered: 5        |           | Started: | 5      |

### 5 km Jenter 18-19 år

| Rank      | Name                    | Team              | Start no. | Time     | Behind |
|-----------|-------------------------|-------------------|-----------|----------|--------|
| 1         | Susanne Myrland         | IL Jotun          | 360       | 29:11    | 00:00  |
| 2         | Kristine Kryslyn Castle | Westfall Mustangs | 335       | 36:43    | 07:32  |
| 3         | Kaitlyn Rebecca Treece  | Westfall Mustangs | 334       | 38:08    | 08:57  |
| Finished3 |                         | Entered: 3        |           | Started: | 3      |

### 5 km Kvinner 50-59 år

| Rank      | Name              | Team          | Start no. | Time     | Behind |
|-----------|-------------------|---------------|-----------|----------|--------|
| 1         | Siv Karin Hestad  | Jølster AP    | 357       | 31:57    | 00:00  |
| 2         | Heidi Lyngstad    | Ask Friidrett | 317       | 33:37    | 01:40  |
| 3         | Anne Mette Hjelle | No team       | 302       | 35:24    | 03:27  |
| 4         | Reidun Myrland    | IL Jotun      | 359       | 37:48    | 05:51  |
| Finished4 |                   | Entered: 4    |           | Started: | 4      |

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### 5 km Kvinner 60-69 år

| Rank      | Name               | Team          | Start no. | Time     | Behind |
|-----------|--------------------|---------------|-----------|----------|--------|
| 1         | Magnhild Myklebust | Florø T&IF    | 307       | 25:13    | 00:00  |
| 2         | Herdís Elin Lexau  | Florø T&IF    | 308       | 26:18    | 01:05  |
| 3         | Hildegunn Huus     | Senterpartiet | 266       | 30:08    | 04:55  |
| 4         | Ingebjørg Øyen     | Senterpartiet | 267       | 35:44    | 10:31  |
| 5         | Kari Kvåle Faleide | Loen IL       | 332       | 41:10    | 15:57  |
| Finished5 |                    | Entered: 5    |           | Started: | 5      |

### 5 km Menn 20-29 år

| Rank      | Name             | Team          | Start no. | Time     | Behind |
|-----------|------------------|---------------|-----------|----------|--------|
| 1         | Anders Engesæter | No team       | 311       | 22:37    | 00:00  |
| 2         | Ben Jozefiak     | No team       | 313       | 22:52    | 00:15  |
| 3         | Rune Lyngstad    | Ask Friidrett | 318       | 23:15    | 00:38  |
| 4         | Tore Lyngstad    | Ask Friidrett | 320       | 29:10    | 06:33  |
| Finished4 |                  | Entered: 4    |           | Started: | 4      |

### 5 km Menn 30-39 år

| Rank      | Name                   | Team       | Start no. | Time     | Behind |
|-----------|------------------------|------------|-----------|----------|--------|
| 1         | Øystein Engum Andersen | PW Sports  | 391       | 19:13    | 00:00  |
| 2         | Yngve Thorsen          | Førde IL   | 400       | 19:38    | 00:25  |
| 3         | Sveinung Lien          | Jølster IL | 393       | 21:18    | 02:05  |
| 4         | Arne Håheim            | Jølster IL | 390       | 34:07    | 14:54  |
| 5         | Gisle Vengen           | No team    | 389       | 34:30    | 15:17  |
| 6         | Erlend Lien            | Jølster IL | 392       | 1:08:01  | 48:48  |
| Finished6 |                        | Entered: 6 |           | Started: | 6      |

### 5 km Menn 40-49 år

| Rank      | Name             | Team       | Start no. | Time     | Behind |
|-----------|------------------|------------|-----------|----------|--------|
| 1         | Audun Skogen     | Vikane IL  | 375       | 16:52    | 00:00  |
| 2         | Odd Arild Løseth | IL Høyang  | 344       | 17:09    | 00:17  |
| 3         | Jan Sunde        | Jølster IL | 326       | 23:14    | 06:22  |
| 4         | Espen Arreberg   | Vikane IL  | 373       | 24:34    | 07:42  |
| 5         | Ove Johnny Berge | Dale IL    | 260       | 27:55    | 11:03  |
| 6         | Frode Berntsen   | ROS        | 397       | 29:08    | 12:16  |
| 7         | Are Andersen     | NOTEAM     | 258       | 34:37    | 17:45  |
| Finished7 |                  | Entered: 7 |           | Started: | 7      |

### 5 km Menn 50-59 år

| Rank | Name               | Team              | Start no. | Time  | Behind |
|------|--------------------|-------------------|-----------|-------|--------|
| 1    | Kjell Øygard       | Jølster IL        | 348       | 18:26 | 00:00  |
| 2    | Bjarne Otto Lyngbø | Ask Friidrett     | 315       | 19:50 | 01:24  |
| 3    | Sturle Standal     | Tambarskjelvar IL | 377       | 20:47 | 02:21  |

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|           |                       |                      |     |          |       |
|-----------|-----------------------|----------------------|-----|----------|-------|
| 4         | Gullak Tønning        | Hydro BIL            | 399 | 21:53    | 03:27 |
| 5         | Jostein Skår Støfring | Jølster IL           | 322 | 22:17    | 03:51 |
| 6         | Svein Arve Myrland    | Indre Sogn Sparebank | 358 | 27:47    | 09:21 |
| 7         | Otto Svorstøl         | Lier                 | 243 | 29:49    | 11:23 |
| Finished7 |                       | Entered: 7           |     | Started: | 7     |

### 5 km Menn 60-69 år

| Rank      | Name              | Team          | Start no. | Time     | Behind |
|-----------|-------------------|---------------|-----------|----------|--------|
| 1         | Kjell Navelsaker  | Jølster IL    | 337       | 21:45    | 00:00  |
| 2         | Reidar Eide       | Førde IL      | 385       | 23:20    | 01:35  |
| 3         | Roald Juklestad   | Jølster IL    | 301       | 24:26    | 02:41  |
| 4         | Anders Hegrenes   | Jølster IL    | 304       | 26:19    | 04:34  |
| 5         | Norvald Løset     | No team       | 303       | 27:26    | 05:41  |
| 6         | Steinar Dvergsdal | Senterpartiet | 265       | 28:51    | 07:06  |
| 7         | Jon Arne Ulvøen   | NOTEAM        | 241       | 38:30    | 16:45  |
| 8         | Dag Einar Lien    | Jølster IL    | 394       | 1:08:03  | 46:18  |
| Finished8 |                   | Entered: 9    |           | Started: | 8      |

### 5 km Menn 70-79 år

| Rank      | Name            | Team       | Start no. | Time     | Behind |
|-----------|-----------------|------------|-----------|----------|--------|
| 1         | Reidar G Huus   | Kondis     | 312       | 25:36    | 00:00  |
| 2         | Johs Slethaug   | Hovding    | 330       | 26:50    | 01:14  |
| 3         | Ottar Austrheim | Austrheim  | 247       | 31:08    | 05:32  |
| 4         | Per Watne       | Eidsvåg IL | 354       | 38:35    | 12:59  |
| 5         | Odd Skrede      | Jølster IL | 310       | 39:05    | 13:29  |
| Finished5 |                 | Entered: 5 |           | Started: | 5      |

### 5 km Menn 80+

| Rank      | Name       | Team       | Start no. | Time     | Behind |
|-----------|------------|------------|-----------|----------|--------|
| 1         | Jim Riddel | No team    | 331       | 43:23    | 00:00  |
| Finished1 |            | Entered: 1 |           | Started: | 1      |

### 10 km Gutar 12-13 år

| Rank      | Name       | Team              | Start no. | Time     | Behind |
|-----------|------------|-------------------|-----------|----------|--------|
| 1         | Odin Svoen | Tambarskjelvar IL | 448       | 45:13    | 00:00  |
| Finished1 |            | Entered: 1        |           | Started: | 1      |

### 10 km Jenter 14-15 år

| Rank      | Name       | Team                 | Start no. | Time     | Behind |
|-----------|------------|----------------------|-----------|----------|--------|
| 1         | Ane Brekke | Førde IL - Friidrett | 450       | 42:57    | 00:00  |
| Finished1 |            | Entered: 1           |           | Started: | 1      |

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### 10 km Kvinner 20-29 år

| Rank       | Name                          | Team            | Start no. | Time        | Behind |
|------------|-------------------------------|-----------------|-----------|-------------|--------|
| 1          | Mathilde Nordstrand           | No team         | 431       | 47:48       | 00:00  |
| 2          | Hilde Anita Haarstad          | No team         | 419       | 51:47       | 03:59  |
| 3          | Gunvor Johanne Veiteberg Eide | NTNUI Friidrett | 445       | 52:49       | 05:01  |
| 4          | Linn Therese Holstad          | USF             | 458       | 52:51       | 05:03  |
| 5          | Hanne Osvold Ness             | No team         | 468       | 54:25       | 06:37  |
| 6          | Kjersti Øien Helgheim         | No team         | 467       | 57:50       | 10:02  |
| 7          | Linda Marie Grytten           | No team         | 442       | 58:45       | 10:57  |
| 8          | Eva Erikstad                  | No team         | 465       | 59:09       | 11:21  |
| 9          | Camilla Nossum                | No team         | 460       | 1:02:04     | 14:16  |
| 10         | Linn Tvedt                    | NOTEAM          | 478       | 1:03:22     | 15:34  |
| Finished10 |                               | Entered: 10     |           | Started: 10 |        |

### 10 km Kvinner 50-59 år

| Rank      | Name              | Team       | Start no. | Time       | Behind |
|-----------|-------------------|------------|-----------|------------|--------|
| 1         | Åse Britt Øygaard | Jølster IL | 484       | 51:36      | 00:00  |
| Finished1 |                   | Entered: 1 |           | Started: 1 |        |

### 10 km Kvinner 30-39 år

| Rank       | Name                   | Team         | Start no. | Time        | Behind |
|------------|------------------------|--------------|-----------|-------------|--------|
| 1          | Ingvild Torp           | No team      | 414       | 52:00       | 00:00  |
| 2          | Kristine Solheimsnes   | Statoil BIL  | 436       | 52:44       | 00:44  |
| 3          | Alice Stabel           | Havøysund IL | 490       | 52:50       | 00:50  |
| 4          | Jannike Hoff           | NOTEAM       | 482       | 54:12       | 02:12  |
| 5          | Britt Marie Skaflestad | Bouvet       | 407       | 56:20       | 04:20  |
| 6          | Monica Kvalheim        | Volvat       | 406       | 58:53       | 06:53  |
| 7          | Siri Nedrebø Maureira  | Strykeprøven | 430       | 1:00:32     | 08:32  |
| 8          | Inger Marie Støylen    | NOTEAM       | 488       | 1:00:33     | 08:33  |
| 9          | Silje Årdal            | NOTEAM       | 487       | 1:02:17     | 10:17  |
| 10         | Charlotte Rydnemalm    | No team      | 423       | 1:09:18     | 17:18  |
| 11         | Anne Johannessen       | No team      | 410       | 1:26:10     | 34:10  |
| Finished11 |                        | Entered: 11  |           | Started: 11 |        |

### 10 km Kvinner 40-49 år

| Rank | Name                      | Team       | Start no. | Time  | Behind |
|------|---------------------------|------------|-----------|-------|--------|
| 1    | Bente Bakke Nødset        | Førde IL   | 470       | 42:36 | 00:00  |
| 2    | Anne-Britt Spilde Gjesdal | No team    | 453       | 45:41 | 03:05  |
| 3    | Unni Kvamme               | Haukedalen | 433       | 49:06 | 06:30  |
| 4    | Unn Hege Johannessen      | Førde IL   | 477       | 49:29 | 06:53  |
| 5    | Aslaug Nedrebø            | Timpex AS  | 421       | 52:47 | 10:11  |
| 6    | Oddfrid Solheimsnes       | Førde IL   | 486       | 53:37 | 11:01  |
| 7    | Anja Lena Selstad Egge    | Førde IL   | 466       | 53:42 | 11:06  |
| 8    | Wenche Hafstad            | No team    | 409       | 55:40 | 13:04  |

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|            |                       |             |     |             |       |
|------------|-----------------------|-------------|-----|-------------|-------|
| 9          | Eli Myklebust Tønning | IL Høyang   | 480 | 56:44       | 14:08 |
| 10         | Birgit Tansøy         | Jølster IL  | 427 | 57:55       | 15:19 |
| 11         | Sigrid Hestnes        | No team     | 452 | 58:01       | 15:25 |
| 12         | Gunn-Kristin Dalseth  | No team     | 416 | 58:05       | 15:29 |
| 13         | Katrine Sele          | Jølster IL  | 435 | 58:18       | 15:42 |
| 14         | Björg Furland         | Sandnes IL  | 413 | 1:00:48     | 18:12 |
| 15         | Turid Vallestad       | Haukedalen  | 476 | 1:02:08     | 19:32 |
| 16         | Ingrid Norum          | No team     | 408 | 1:04:10     | 21:34 |
| 17         | Irene Hoff Nedrebø    | NOTEAM      | 481 | 1:19:40     | 37:04 |
| 18         | Ingrid Helle          | No team     | 403 | 1:31:25     | 48:49 |
| Finished18 |                       | Entered: 18 |     | Started: 18 |       |

#### 10 km Gutar 16-17 år

| Rank      | Name                  | Team       | Start no. | Time       | Behind |
|-----------|-----------------------|------------|-----------|------------|--------|
| 1         | Andreas Bjørvik Fugle | Førde IL   | 432       | 40:25      | 00:00  |
| Finished1 |                       | Entered: 1 |           | Started: 1 |        |

#### 10 km Kvinner 60-69 år

| Rank      | Name       | Team       | Start no. | Time       | Behind |
|-----------|------------|------------|-----------|------------|--------|
| 1         | Anna Tråve | Lærdal     | 483       | 43:37      | 00:00  |
| Finished1 |            | Entered: 1 |           | Started: 1 |        |

#### 10 km Jenter 12-13 år

| Rank      | Name               | Team          | Start no. | Time       | Behind |
|-----------|--------------------|---------------|-----------|------------|--------|
| 1         | Ronja Stølås Aamot | Ellingsrud IL | 456       | 1:02:04    | 00:00  |
| Finished1 |                    | Entered: 1    |           | Started: 1 |        |

#### 10 km Menn 20-29 år

| Rank      | Name                 | Team                 | Start no. | Time       | Behind |
|-----------|----------------------|----------------------|-----------|------------|--------|
| 1         | Marius Vedvik        | IL Gular             | 457       | 29:33      | 00:00  |
| 2         | Eivind Øygaard       | Jølster IL           | 459       | 31:20      | 01:47  |
| 3         | Dag Einar Bøtun      | Stavanger FIK Spirit | 439       | 36:20      | 06:47  |
| 4         | Kristian Årdal       | Jølster IL           | 491       | 39:34      | 10:01  |
| 5         | Kenneth Gjermundstad | No team              | 420       | 52:39      | 23:06  |
| DNF       | Gunnstein Vefring    | Midt i hytteturen    | 464       |            |        |
| Finished5 |                      | Entered: 6           |           | Started: 6 |        |

#### 10 km Menn 30-39 år

| Rank | Name               | Team                 | Start no. | Time  | Behind |
|------|--------------------|----------------------|-----------|-------|--------|
| 1    | Ove Sollie         | Stbracing            | 473       | 44:04 | 00:00  |
| 2    | Kenneth Sangolt    | Skogsvåg IL          | 437       | 47:45 | 03:41  |
| 3    | Erling Melvær      | Sogn og Fjordane PIL | 424       | 49:48 | 05:44  |
| 4    | Irmantas Tautvydas | NOTEAM               | 451       | 51:15 | 07:11  |

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|           |               |            |            |         |       |
|-----------|---------------|------------|------------|---------|-------|
| 5         | Oddleif Løset | Jølster IL | 426        | 1:07:34 | 23:30 |
| Finished5 |               | Entered: 5 | Started: 5 |         |       |

### 10 km Menn 40-49 år

| Rank       | Name                 | Team              | Start no.   | Time    | Behind |
|------------|----------------------|-------------------|-------------|---------|--------|
| 1          | Rune Oppem           | IL Dalebrand      | 485         | 32:38   | 00:00  |
| 2          | Ingolf Gald          | Aquacare          | 425         | 40:07   | 07:29  |
| 3          | Atle Skrede          | Førde IL          | 449         | 41:14   | 08:36  |
| 4          | Hallgeir Juklestad   | Statnett BIL      | 438         | 41:54   | 09:16  |
| 5          | Stig Omar Eide       | IL Bjørn          | 441         | 42:57   | 10:19  |
| 6          | Tore Solbakken       | Livredd           | 462         | 44:36   | 11:58  |
| 7          | Svein Gjesdal        | No team           | 454         | 44:41   | 12:03  |
| 8          | Andrè Høyset         | Eikefjord IL      | 471         | 45:18   | 12:40  |
| 9          | Sverre Johan Nærheim | NOTEAM            | 489         | 46:31   | 13:53  |
| 10         | Ole Petter Novsett   | No team           | 455         | 46:43   | 14:05  |
| 11         | Kyrre Eikås Ottersen | Jølster IL        | 428         | 49:14   | 16:36  |
| 12         | Jan Bjarte Skrøppa   | No team           | 475         | 49:48   | 17:10  |
| 13         | John Walstad         | Vestli            | 493         | 50:19   | 17:41  |
| 14         | Torgeir Hrestad      | Tambarskjelvar IL | 494         | 52:25   | 19:47  |
| 15         | Ovar Sandaker        | Førde IL          | 415         | 54:16   | 21:38  |
| 16         | Ragnvald Søgnesand   | Team opp-opp-opp  | 444         | 54:40   | 22:02  |
| 17         | Tom Furland          | Sandnes IL        | 412         | 1:00:48 | 28:10  |
| 18         | Ole Eiliv Fimland    | UP & G0           | 402         | 1:02:16 | 29:38  |
| Finished18 |                      | Entered: 18       | Started: 18 |         |        |

### 10 km Menn 50-59 år

| Rank      | Name                      | Team              | Start no.  | Time  | Behind |
|-----------|---------------------------|-------------------|------------|-------|--------|
| 1         | Kjell Christian Martinsen | Bjørndal IF       | 422        | 40:04 | 00:00  |
| 2         | Per Oddvar Lien           | No team           | 434        | 42:33 | 02:29  |
| 3         | Ove Grimsbø               | Førde IL          | 472        | 43:01 | 02:57  |
| 4         | Arne Odd Løkkebø          | Eikefjord IL      | 463        | 43:21 | 03:17  |
| 5         | Henning Malones           | Tambarskjelvar IL | 461        | 51:00 | 10:56  |
| 6         | Nils Paulen               | Notura            | 469        | 53:23 | 13:19  |
| 7         | Arve Heimdal              | No team           | 446        | 55:10 | 15:06  |
| Finished7 |                           | Entered: 7        | Started: 7 |       |        |

### 10 km Menn 60-69 år

| Rank      | Name             | Team              | Start no.  | Time    | Behind |
|-----------|------------------|-------------------|------------|---------|--------|
| 1         | Torfinn Torp     | Oppegård IL       | 411        | 42:45   | 00:00  |
| 2         | Norvald Ospehaug | Tambarskjelvar IL | 447        | 51:22   | 08:37  |
| 3         | Olav Lyslo       | GFIL              | 492        | 56:25   | 13:40  |
| 4         | Morten Kvalheim  | Aquacare          | 401        | 57:06   | 14:21  |
| 5         | Per Storøy       | Bergsøy IL        | 479        | 1:01:09 | 18:24  |
| Finished5 |                  | Entered: 5        | Started: 5 |         |        |

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**Jølster Maraton**  
**Result list**  
**04.07.2015**

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Total: Group Count: 376